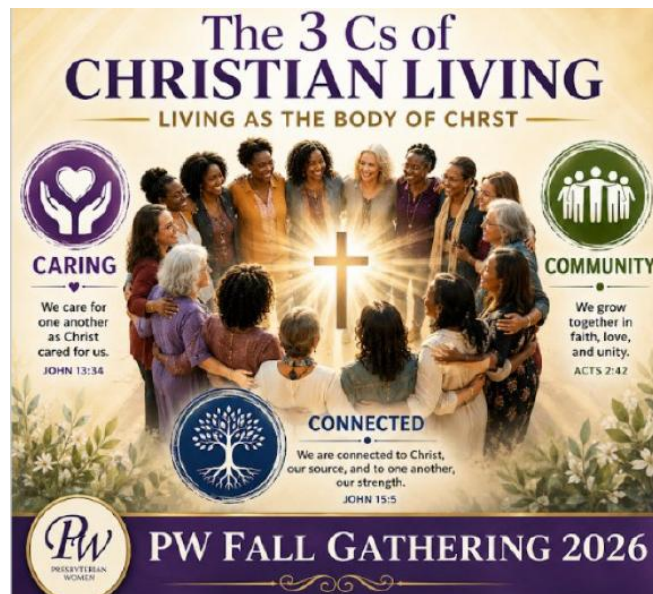




CAP PW Fall Gathering 2026 Workshops

All workshops will be offered two times except for the Moderator/Secretary and Treasurer which will be offered once.

#1 Horizon's Study Overview with Rev. Lib McGregor

The 2026-2027 study is titled "United Through Christ, Bound to Each Other" based on Paul's First Letter to the Corinthians. We will travel through the months together as we look at the unity in Christ, how we are connected to Christ, have freedom in Christ, our responsibility to care, to work for the good of the community, being in the body of Christ, how we share Christian love, hope in the resurrection and stay connected in God's love.

#2 Respite (Self-Guided)

We all at times need some breathing space, some time alone with God, some time alone with a friend...this session is guided by you as you take advantage of the beautiful Celtic cross, the prayer chapel, or a walk around the cemetery to experience God's gift in nature. Pamphlets are provided to follow the walk through the ages of the saints who have gone before us. Booklets at registration table.

#3 Mental Health with Ryan Mitchell

A need for all of us as we will venture into just what mental health is and how it can effect our lives and the lives of others. God has made each one of us unique and with all the abilities and tasks it is important we stay connected to one another for support, guidance, and encouragement.

#4 Prayer Beads with Robin Bowers

Do you ever struggle with prayer? Maybe your mind wanders, you wonder if God even hears your prayers, or you simply don't know what to pray. Join us for a meaningful, hands-on workshop inspired by Kristen Vincent's A Bead and a Prayer. Together, we'll explore the practice of Protestant prayer beads and discover how simple, beautiful beads can help quiet our minds, focus our hearts, and draw us more deeply into prayer. You'll learn the meaning and purpose behind the different beads, then create your own set of prayer beads to take home and use as a tangible guide for prayer and reflection. No experience is necessary—just bring an open heart and a willingness to pray, create, and explore a deeper connection with God. Limited to 15 participants per session.

#5 Rooted in the Word: Connecting Prayer and Meditation with Jarvia Meggett

"In a world that is constantly changing, Christians must have a solid foundation to keep them grounded. The solid foundation is the Word of God. Against what people may believe, meditation is a way of how Christians can remain grounded. Join us as we ponder and reflect on God's Word and character."

#6 Connecting our Communities of Faith with Cassandra Menning

The Maidenform Mission will have you connecting with Presbyterian Women from around the presbytery to learn a bit about their churches as we connect with one another, what is needed to care for one another, and how together, we can make a difference in the lives of our community and beyond.

#7 CAP Coordinating Team: "Your role as a Moderator/Secretary" with Kay Keeler and Simplicia Smith

These two positions are hooked at the hip! Why? Come join us to see how when working as a team work is lighter but oh so much blessed. People coming to this workshop will learn or review the roles of Coordinating Team moderator/secretary at your church or circle leader OR may come to hear and just might be "stirred to work" as stated in Exodus 38.

#8 CAP Coordinating Team: "Your role as a Treasurer" with Susan Mellichamp and Julie McCormick

Ever wonder where the money collected at Circle and Women's meetings goes? Curious about the missions and good works made possible through these funds? Or perhaps you've wondered if you have all your "i's" dotted and "t's" crossed when sending funds to Presbytery, Synod, and Churchwide? Come join Susan and Julie to learn more about the role of the Treasurer, gain a better understanding of how our funds support ministry and mission, and discover how this may be a position to which you could be called.