

CHARLESTON ATLANTIC PRESBYTERY



*Do not fear, or be afraid;
Have I not told you from of old and declared it?
You are my witnesses!
Is there any god besides me?
There is no other rock; I know not one.*

August 26, 2017

Mt. Pleasant Presbyterian Church

BE OF GOOD COURAGE!

STEPS Event Schedule | August 26, 2017

| | |
|---------------------------|--|
| 8:15-8:45 AM: | Check-In/Walk-In Registration/Bookstore/Displays |
| 8:45-8:50 AM: | Welcome and Announcements |
| 9:00-10:15 AM: | Session #1 |
| 10:30-11:30 AM: | Morning Worship (Sanctuary) |
| 11:45 AM-12:30 PM: | Lunch/Visit Bookstore and Displays |
| 1:00 PM: | Bookstore Closes |
| 12:45-2:00 PM: | Session #2 |
| 2:15-3:30 PM: | Session #3 |
| 3:45-4:15 PM: | Closing Worship (Fellowship Hall) |

Directions to Mount Pleasant Presbyterian Church 302 Hibben Street, Mount Pleasant, SC 29464

From the South or West of Mount Pleasant

Take I-26 East towards Charleston. Merge onto US-17 North via Exit 220 toward Mount Pleasant. Cross over the Arthur Ravenel/Cooper River Bridge. Once on the Mount Pleasant side of the bridge, merge right onto W. Coleman Blvd/SC-703. Cross Shem Creek and merge right onto Whilden Street, behind the Scotchman Gas Station. Take 2nd right onto Hibben Street and the church is the 3rd structure on your right.

From the North of Mount Pleasant

Take US-17 South towards Charleston. Exit off of US-17 South onto Chuck Dawley Blvd, toward SC-703. Get in the right lane which veers onto Coleman Blvd. Chuck Dawley Blvd dead ends at the stoplight at Royall Ace Hardware, where from the right lane you yield onto Coleman Blvd/SC-703. Turn left onto Hibben Street at the Half Moon Outfitters. The church will be ahead, one block on your right.

From I-526

I-526 turns into Chuck Dawley. Get in the right lane which veers onto Coleman Blvd. Turn left onto Hibben Street at the Half Moon Outfitters. The church will be ahead, one block on your right.



MESSAGE FROM THE STEPS MINISTRY TEAM CO-CHAIRS

Dear Friends:

The Nurture Ministry Team and the STEPS Planning Team for our Charleston Atlantic Presbytery invite you to our tenth annual STEPS event taking place on **Saturday, August 26th** at Mount Pleasant Presbyterian Church.

How often do we let fear hold us back from following God's call...from having difficult but important conversations...from getting out of our comfort zone...from challenging our ideas, beliefs, and convictions...from learning something new...from stepping out on faith? What does it mean for a person of faith to live a life of good courage?

Join us and others, adults and youth alike, from our Presbytery as we explore the ways that we can BE OF GOOD COURAGE!

See you on August 26th!

In the faith we share,

Dorothy Blackwelder and Ridgley Joyner

Co-chairs, 2017 STEPS Planning Team

WHO SHOULD ATTEND? **EVERYONE!**

All Church Members, Parents, Teachers, Youth Leaders, Ruling Elders, Deacons, Teaching Elders, Church Educators, Worship Leaders, Musicians, Youth, Administrators, Mission Leaders, Presbyterian Women, Presbyterian Men, Choir Members...

YOU!

FEATURED LEADERS:



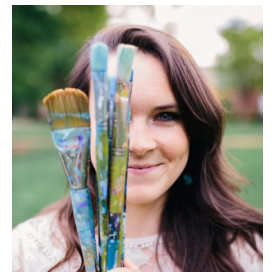
Rev. Dr. J. Herbert Nelson, II serves as the Stated Clerk of the Presbytery Church (U.S.A). Previously he was Director of the Presbyterian Church (U.S.A.) Office of Public Witness (OPW) in Washington, DC. Dr. Nelson has pastored churches in North Carolina and Tennessee. He is a popular workshop leader and preaches at such places as Montreat Conference, Mo Ranch Conference Center, and the Association of Presbyterian Church Educators Conference. J. Herbert Nelson has written for Presbyterians Today and The Presbyterian Outlook. He is a third generation graduate of Johnson C. Smith University and Johnson C. Smith Seminary. J. Herbert received his DMin. from Louisville Presbyterian Seminary.

Dr. Mark Douglas is Professor of Christian Ethics at Columbia Theological Seminary in Decatur, GA, where he teaches a wide variety of classes and directs the Master of Divinity degree program. He is also the founding editor of @ this point: theological reflections on church and culture, the seminary's online journal. He holds degrees from Colorado College (B.A.), Princeton Theological Seminary (M.Div., Th.M.), and The University of Virginia (Ph.D.). He is an ordained Presbyterian minister and is married to Lindsay Armstrong, who is also a Presbyterian Minister. They have one child, their daughter, Logan. His most recent book is Believing Aloud: Reflections on Being Religious in the Public Sphere (Cascade, 2010). He is currently working on a book about the impact of climate change on war.



Dr. Jean Feldman has over 45 years experience in education as a classroom teacher, author, and consultant. Dr. Feldman has an M.A. in Early Childhood and a PhD in Curriculum and Instruction. She is a member of NAEYC (National Association for the Education of Young Children) and has written over 20 books and produced 15 CDs. Dr. Feldman inspires teachers across the country with her engaging songs and creative activities that help make teaching and learning FUN!

As an artist, retreat leader, and worship consultant, **Lisle Garrity** works with communities of all kinds across the nation. She is the founder and creative director of A Sanctified Art LLC, a collaborative arts ministry providing multimedia resources for churches. Having completed a Master's degree in Divinity and Practical Theology (with specialization in arts and theology), she approaches her work as an artist primarily through the lenses of pastor and theologian. Residing in Black Mountain, North Carolina with her husband and pup, Max, she has a deep love for exploring mountains, creative opportunities of all kinds, and new ways to be church. Learn more about her work by visiting lislegwynngarrity.com or sanctifiedart.org.

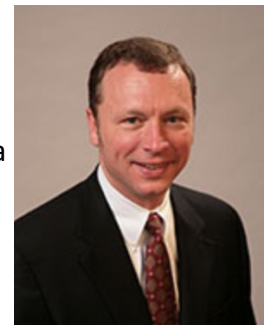


Jessica Maudlin joined the Presbyterian Hunger Program (PHP) Staff in 2009. She currently serves as the Associate for Sustainable Living and Earth Care Concerns. She works with the Hunger Action Advocate network and recently the Earth Care Congregations. She is a graduate of Hanover College where she focused in the study of Liberation Theology as well as international studies. Her background includes volunteer work in Zambia, Mozambique, Jamaica, Nicaragua, and Haiti. In her free time she keeps busy as a foster momma to two baby boys.



Rev. Gail Porter Nelson, is an honorably retired teaching elder, keynote speaker, and spirituality faculty with CREDO a ministry of the Board of Pensions with the PCUSA. Gail is a native of New Orleans, Louisiana. She received her B.A. from Xavier University of Louisiana, and her M. Div from Johnson C. Smith Seminary at the Interdenominational Theological Center in Atlanta, GA. Gail has been ordained for 30 years and has served as pastor, campus minister, and transitional pastor in ELCA. She has been apart of the Montreat Youth Conference family for 31 years serving as planning team member, co-director, keynote speaker and preacher. Gail resides in Louisville, KY with her husband and they are the proud parents of an adult daughter. Gail en-

Clark Simmons is the regional representative for the Board of Pensions of the Presbyterian Church (USA) serving the Synod of South Atlantic and part of the Synod of Living Waters. Prior to joining the Board, he served the church as the Director of the Capital Campaign and Church Relations at Columbia Theological Seminary in Decatur, GA. He is a ruling elder at Decatur PC(USA) and has participated at every level of the church's life. Before joining Columbia, he developed and carried out marketing plans and customer development for UPS in Atlanta. Clark graduated from Belhaven College in Jackson, MS with a major in business administration.



Malinda Spencer is the associate for curricula training and promotion for Congregational Ministries Publishing, in the Presbyterian Mission Agency. She is a ruling elder and Christian educator who has worked with congregations of many sizes and settings.

Dr. Leanne Van Dyk is the President of Columbia Theological Seminary. She also serves as Vice Chair and Treasurer of the Board of Commissioners of the Association of Theological School (ATS). As a theological educator, she is a strong proponent of theology addressing the present needs of the church particularly in the areas of worship and racial-ethnic identity.



Rev. Dr. Karen Webster and **Rev. Travis Webster** are the co-founders of the Healthy Seminarian- Healthy Church Initiative, a 501 (c)(3) non-profit organization and validated ministry of Trinity Presbytery. In addition to being an ordained PC(USA) pastor, Karen is certified as an Exercise Physiologist (ACSM), Nutrition Specialist (AASDN), and Health and Wellness Coach (Real Balance) with thirteen plus years working in the health and fitness industry. Travis, also an ordained PC(USA) pastor, has ten years of experience serving as an associate pastor at churches in Pennsylvania and South Carolina and is also certified as a Health and Wellness Coach (Real Balance). Currently he is

pursuing a Th.D. in pastoral counseling at Columbia Theological Seminary and is a pastoral counselor-in-training at the Training and Counseling Center at St. Luke's in downtown Atlanta.

OTHER WORKSHOP LEADERS

Elizabeth Amory - Mt. Pleasant Presbyterian Church

Maggie Beamguard— West End Presbyterian Church

Jennifer Bilbro - Mt. Pleasant, SC

Janis Blocker —Bethel Presbyterian Church

Liv Looney Cappelmann - Second Presbyterian Church

Spike Coleman —St. Andrews Presbyterian Church

Charles Frost-Sea Island Presbyterian Church

Kevin Garvey—Johns Island Presbyterian Church

Tom Herrington - Mt. Pleasant Presbyterian Church

Pat Jones —St. James Presbyterian Church

Jeff Kackley - Dorchester Presbyterian Church

Colin Kerr - Journey, College of Charleston and The Citadel

Pie Mikell - Charleston Atlantic Presbytery

Emily Oswald—James Island Presbyterian Church

Cameron Smith—James Island Presbyterian Church

Other STEPS Leaders

Opening Worship Preacher: **J. Herbert Nelson** - Stated Clerk of the PC(USA)

Opening Worship Artist: **Lisle Garrity** - A Sanctified Art

Choir Director: **Barbara Manaker** - James Island Presbyterian Church

Choir: Combined Choir from James Island Churches

Closing Worship Leader: **Barbara Loehr-Fox** - Mt. Pleasant Presbyterian Church

Logo Design: **Staci Sarkowski** - Mt. Pleasant Presbyterian Church

WORKSHOPS BY SESSION

| | | |
|----------------------------|-----|--|
| SESSION 1 9:00am-10:15am | 1-A | Board of Pensions Benefits Overview |
| | 1-B | Casting Out Fear |
| | 1-C | Clerks of Session |
| | 1-D | Cultivating a Healthier Church Culture for a Healthier World |
| | 1-E | Developing a Church Vision |
| | 1-F | Earth Care Congregations in the PC(USA) |
| | 1-G | Empowering to Lead: A Case Study in Global Partnership and Transformational Change |
| | 1-H | Fear and the Creative Process |
| | 1-I | From Rules to The Roots of Our Faith |
| | 1-J | I Am a Child of God |
| | 1-K | Making Room for Advent |
| | 1-L | Our Presbyterian Library: The Book of Confessions |
| | 1-M | Worship's Tapestry |
| SESSION 2 12:45pm-2:00pm | 2-A | Board of Pensions Administrative Information |
| | 2-B | Community Gardens |
| | 2-C | Cultivating a Healthier Church Culture for a Healthier World |
| | 2-D | Fear and the Creative Process |
| | 2-E | Healthy and Whole: Worship with our Bodies |
| | 2-F | How the Sacraments Feed our Faith |
| | 2-G | Immigration Through the Lens of Scripture |
| | 2-H | Implementing a Church Vision |
| | 2-I | News from the Office of General Assembly |
| | 2-J | Nurturing the God in You |
| | 2-K | Parenting in a Social Media Age |
| | 2-L | Reconsidering our Relationship to Stuff |
| | 2-M | Recreational Ministry with Children and Youth |
| | 2-N | Semper Reformanda: Always Being Reformed |
| | 2-O | The Spiritual: The Voice of the People |
| SESSION 3 2:15pm-3:30pm | 3-A | Adult Education Galore |
| | 3-B | The Art of Kintsugi |
| | 3-C | Presbyterian Women's 2017-18 <i>Horizons</i> Bible Study |
| | 3-D | Recreation Across the Ages |
| | 3-E | Semper Reformanda: Always Being Reformed |
| | 3-F | 10 Tech Tips for Connecting with Your Church Community |
| | 3-G | Theology on Tap |
| | 3-H | The Trade Game |
| | 3-I | With Sighs Too Deep for Words: Meditation in Devotional Life |
| | 3-J | Youth-Healthy and Whole: Worship with Our Bodies |

STEPS 2017 WORKSHOP OFFERINGS

SESSION #1 9:00AM—10:15AM

1-A: Board of Pensions Benefits Overview – T. Clark Simmons

This class will discuss in depth the benefits of the Board of Pensions. These includes medical, pension, death, disability, 403b and other benefits that are offered. Those who attend should be Plan Members or those who need to know about benefits. *Read Clark's bio on the featured leaders page.*

1-B: Casting Out Fear- Maggie Beamguard

Drawing from scripture, personal experience, and the work of Scott Bader-Saye in *Following Jesus in a Culture of Fear*, we will consider the ways politics, news programs, and popular culture market fear. We will explore Scripture's invitation to risk love, generosity, peacemaking, and hospitality in what seems like an increasingly fearful world. We will look for examples of "perfect love" which "casts out all fear" in our faith communities, current events, literature, and film. *Maggie Beamguard serves as Pastor of the West End Presbyterian Church in West End, NC. She is a native of the South Carolina Lowcountry. When she is not exploring Bible stories, she can be found trying to coax things to grow in the garden, ignoring housework to play with her two daughters, or watching the Clemson Tigers play football.*

1-C: Clerks of Session- Janis K. Blocker

This workshop is designed to provide clerks with instructions for recording accurate and complete minutes. Each clerk will receive a checklist of items required for inclusion in minutes and a template for stated and special meetings of sessions and congregations. Other responsibilities of clerk will be shared. *Janis K. Blocker, a resident of Round O and a life-long member of Bethel Presbyterian in Walterboro, has served Bethel as clerk of Session Council since 2001. She was appointed recording clerk of presbytery in 1988 and has served in that position continuously. She was moderator of Charleston Presbytery in 1979 and of Charleston Atlantic Presbytery in 1998 and a commissioner to the General Assembly in 1978 and 1996. Member and clerk of the Commission on Ministry, she has also served through the years on numerous committees and units including Church and Society Ministry Unit, Coordinating Council, and Permanent Judicial Commission. She has served on administrative commissions and on ordination and installation commissions. Currently, she is a reader for the ordination exams. A graduate of the S.C. Lay School of Theology, she has served as the registrar for the school since 2000. She retired in 2011 after 37 years as a high-school English teacher in Colleton County but continues to teach part-time. The Walterboro-Colleton Chamber of Commerce presented her with the "Excellence in Education Award" and the "Lifetime Achievement Award" in recognition of her service to education and the community.*

1-D: Cultivating A Healthier Church Culture for a Healthier World- Karen and Travis Webster

The leaders will provide participants the opportunity to learn about some of the health challenges facing seminarians, clergy, and congregations. They will also share some practical strategies and tips for improving the health and well-being of church leaders, congregations, and beyond. *Read the Webster's bios on the featured leaders page.*

1-E: Developing a Church Vision- Kevin Garvey

A vision is essential in any organization especially a church. If you don't have a vision how can congregants be excited, involved, and invested in your church? This workshop will be an interactive workshop where you will explore with the leader and other participants: Why a church needs a vision; how to develop a church vision so the congregation owns it; preparing your congregation for any change a vision might dictate; how to monitor your vision and incorporating your vision into the life of your church. *Kevin is the Senior Vice President for Development for the Presbyterian Foundation. Garvey has over thirty-five years of experience in communication, marketing, and fund-raising. He has served as Vice President of three universities and of the Indianapolis Symphony Orchestra. He has lead several stewardship and church capital campaigns. Kevin is a ruling elder and is a member of the Johns Island Presbyterian Church.*

1-F: Earth Care Congregations in the PC(USA)- Jessica Maudlin

PC(USA) is unique as a denomination that provides an annually renewable certification program for Presbyterian congregations caring for God's creation. Piloted in 2009, come learn about congregations that have been long in ministry and those just beginning. The workshop will include highlights from congregations doing energy efficiency, solar, community gardens, alternative transportation, public policy advocacy on climate change and more- as well as tips on "how to become certified." Together we will share success stories, best practices, challenges, and questions. *Read Jessica's bio on the featured leaders page.*

1-G: Empowering to Lead: A Case Study in Global Partnership and Transformational Change- Elizabeth Amory

Finding ways to engage in deeper, longer term, global mission partnerships that can really bring about transformational change is a challenge. Members of the Mount Pleasant Presbyterian Church Kenya Mission Team will share the lessons they have learned from their experience partnering with the Community Development Program of Daystar University in Nairobi, Kenya. Together they have created *Empower to Lead*, a fellowship opportunity for Daystar University graduates to return to their home communities to work on community drive, sustainable development initiatives in areas such as agricultural diversification, reforestation and public health/sanitation education. Participants will learn about this project as well as pick up tips for empowering others to lead. *Elizabeth Amory is a member of Mount Pleasant Presbyterian Church's Kenyan Mission Team.*

1-H: Fear and the Creative Process- Lisle Garrity

What do creativity and fear have in common? What can the creative process teach us about encountering fear? Come explore the messy and beautiful elements of the creative process in the hands-on workshop where participants will push beyond fear and self-doubt to create art in community. Through a communal painting exercise, participants will offer creative visual expressions based on scripture. All are welcome, especially those who claim to have no artistic ability. *Read Lisle's bio on the featured leaders page.*

1-I: From Rules to The Roots of Our Faith- Gail Nelson

A practice of biblical dialogue applying the study of the bible to our daily living. Making sense of the world we live in and being assured of God's presence while on this journey. *Read Gail's bio on the featured leaders page.*

11-J: I Am a Child of God (Children Ages of Preschool, Pre-K, K, 1st)- Dr. Jean Feldman

Join Dr. Jean as we celebrate how “wonderfully made” all God’s children are! You’ll learn songs, rhymes, and activities that will nurture positive feelings and positive behaviors. Remembering that children are only little once and they want to play and have fun is part of loving and teaching! Highlights will include: we are all unique; we all have feelings; how to connect to children’s hearts; how to instill a sense of gratitude; and “little things” you can do each day to have FUN with your “little ones”. *Read Dr. Jean’s bio on the featured leaders page.*

1-K: Making Room for Advent- Cameron Smith

It can be hard preparing for Christ in Advent while the world around us bustles along toward a commercialized Christmas. However, there are preparations and choices you can make now that will clear the way for meaningful Advent experiences when the season is here. Join us as we discover ways to help your congregation experience the Hope, Peace, Joy, and Love of Christ this Advent season. *Cameron Smith serves as the Associate Pastor at James Island Presbyterian Church. Throughout her ministry, Cameron has enjoyed planning and leading opportunities for Christians to gather to learn and grow in their relationships with God and one another. She and her husband enjoy lowcountry life with their four boys and a menagerie of pets.*

1-L: Our Presbyterian Library: The Book of Confessions- Leanne Van Dyk

This workshop will survey the remarkable “library” that we have in the PC(USA) and will explore how these documents shape our faith and life today. *Dr. Leanne Van Dyk is the President of Columbia Theological Seminary.*

1-M: Worship’s Tapestry- Charles Frost

This workshop will explore Worship- what do we mean by Worship? What helps make worship meaningful? What are all of those different sections of worship? The Liturgical Year? What is involved with planning worship? What are some resources which will help me understand worship better? This worship will explore these questions and more. Pastors, musicians, and laypeople will find this class useful. *Charles Frost began his music studies at an early age playing the organ and directing choirs in churches as a high school sophomore. He has a Bachelor’s Degree and Master’s Degree of Music in Church Music. Charles currently serves as Minister of Music, organist and choir director at the Sea Island Presbyterian Church in Beaufort, SC. He served on the “Glory to God” hymnal committee.*

SESSION #2 12:45PM—2:00PM

2-A: Board of Pensions Administrative Information – T. Clark Simmons

This class will discuss the benefits of the Board, employment classifications, how benefits may be offered and the administrative particulars. Those who should attend could be treasures, personnel committee members or administrators. *Read Clark’s bio on the featured leaders page.*

2-B: Community Gardens- Jeff Kackley

From the beginning, God created us in community and placed us in a garden to live and to work together! This workshop will explore a variety of benefits and methods in which gardens help to create community. Participants will leave with practical models, biblical insights, lots of ideas, and numerous resources for creating community gardens. *Jeff Kackley is the pastor of Dorchester Presbyterian Church in Summerville. He grew up on a farm and taught eight years as an Agriculture Teacher before going to seminary. He serves as the Chair of the PCUSA Presbyterian Hunger Program Advisory Committee where his service has helped him to see first-hand a variety of models for community gardens, and the effects of the global free-market trade. Jeff has a BS degree in Agriculture Education from Virginia Tech.*

2-C: Cultivating A Healthier Church Culture for a Healthier World- Karen and Travis Webster

The leaders will provide participants the opportunity to learn about some of the health challenges facing seminarians, clergy, and congregations. They will also share some practical strategies and tips for improving the health and well-being of church leaders, congregations, and beyond. *Read their bios on the featured leaders page.*

2-D: Fear and the Creative Process- Lisle Garrity

What do creativity and fear have in common? What can the creative process teach us about encountering fear? Come explore the messy and beautiful elements of the creative process in the hands-on workshop where participants will push beyond fear and self-doubt to create art in community. Through a communal painting exercise, participants will offer creative visual expressions based on scripture. All are welcome, especially those who claim to have no artistic ability. *Read Lisle's bio on the featured leaders page.*

2-E: Healthy and Whole: Worship with Our Bodies- Emily Oswald

This course will be half workshop and half workout/demonstration (so wear supportive shoes and clothes that are comfortable to move in). We spend a significant amount of time caring for our spiritual health, but does God say about our bodies physically? Being healthy and whole comes from training our whole selves- mind, body, soul and spirit. In training our spiritual and physical fitness we are better equipped to live out the two greatest commandments that Jesus gave- to love God with our whole heart, soul, mind, and strength and to love others as ourselves. (Mark 12:28-32) This class is limited to 25 participants. *Emily Oswald has been a certified fitness professional for over 26 years. She is a fitness teacher, gospel preacher with Revelation Wellness, a non-profit ministry devoted to helping others live healthy and whole lives in Christ. Emily is an elder for Adult Discipleship and Sunday school teacher at James Island Presbyterian Church.*

2-F: How the Sacraments Feed Our Faith- Leanne Van Dyk

The Lord's Supper and Baptism are sometimes sidelined in our Christian life. But they are actually gifts of God to us. This workshop will explore how we can increase our gratitude for the sacraments. *Dr. Leanne Van Dyk is the President of Columbia Theological Seminary.*

2-G: Immigration Through the Lens of Scripture- Elizabeth Amory and Spike Coleman

Are there other ways to think about immigration than the typical framework of conservative-liberal? Are we missing important aspects of the issue when we reduce immigration to yet another argument between Republicans and Democrats? Is there another way to view this hot-button issue, perhaps a more excellent way? You are invited to share in a conversation with our co-facilitators, a pastor and a lawyer, as we seek to view immigration through the lens of Scripture. *Elizabeth Amory is an attorney and member of the Mount Pleasant Presbyterian Church. Spike Coleman is the Pastor of the St. Andrews Presbyterian Church, Charleston.*

2-H: Implementing a Church Vision- Kevin Garvey

Once a church has a vision, there are resources needed to implement that vision. This workshop will be an interactive workshop where you will develop the needed resources to put your vision to work in your church. You will learn how to develop a volunteer leadership structure to lead the church through visioning, how to integrate the vision into the leadership and operational structure of the church, how to gather resources to fund the vision and when and how to update the vision. *Kevin is the Senior Vice President for Development for the Presbyterian Foundation. Garvey has over thirty-five years of experience in communication, marketing, and fund-raising. He has served as Vice President of three universities and of the Indianapolis Symphony Orchestra. He has lead several stewardship and church capital campaigns. Kevin is a ruling elder and is a member of the Johns Island Presbyterian Church.*

2-I: News from the Office of General Assembly Stated Clerk- J. Herbert Nelson

Hear about what's happening in the Office of General Assembly and the Presbyterian Church (U.S.A.) in general. *Read J. Herbert's bio on the featured leaders page.*

2-J: Nurturing the God in You- Gail Nelson

There is something encouraging and inspiring about the stories of faith, stories will be told and spiritual practices in reaching and maintaining a centered life in Christ will be offered. *Read Gail's bio on the featured leaders page.*

2-K: Parenting in a Social Media Age- Jennifer Bilbro

In this session, parents and leaders will learn the latest about apps influences on smart phones/tablets that our youth are using on a daily basis. *Jennifer Bilbro is a social media consultant for businesses. She also teaches classes to parents and kids on staying safe online.*

2-L: Reconsidering our Relationship to Stuff- Jessica Maudlin

If the Earth and its resources were divided evenly everyone would have 4.5 acres. Everything you need would come from those 4.5 acres. The average American uses 22.3 acres of resources. The Presbyterian Hunger Program's Enough for Everyone office invites Presbyterians to ask themselves tough questions in regards to their daily choices. What would it might mean to live more simply? Who is impacted when we don't? What we can do about that? And how do we move beyond fair trade coffee and recyclable grocery bags? Join us as we discuss being a responsible consumer, particularly as it pertains to the garment industry. *Read Jessica's bio on the featured leaders page.*

2-M: Recreational Ministry with Children and Youth- Liv Looney Cappelmann

Recreation helps us to break down the walls that divide us. Recreation helps us to understand one another and experience God in a whole new way that we never knew possible. Join us as we seek to discover new, meaningful, wacky, and fun ways to help children and youth engage in transformative play and discipleship. *Liv Looney Cappelmann is a graduate of Presbyterian College. She is currently serving Second Presbyterian Church as their Director of Children, Youth, and Christian Education. When she isn't spending time with her church family she enjoys hanging out with her husband, Sean, fur baby Humphrey, friends and family, reading a good book or just soaking up the sunshine and all that Charleston has to offer.*

2-N: *Semper Reformanda*: Always Being Reformed- Mark Douglas

500 years after it began, the Protestant Reformation continues to shape provocative patterns of human insight and useful strategies for social engagement- even if those patterns and strategies look a bit different than we sometimes imagine. This workshop explores some of the distinct insights of Reformed ethics for contemporary public engagement. *Read Mark's bio on the featured leaders page.*

2-O: The Spiritual: The Voice of the People- Charles Frost

This workshop will examine the African-American Spiritual. We will see how the Spiritual was used to express people's feelings as well as a method for communication. We will look at the Spirituals which have been included in *Glory to God*. *Charles Frost began his music studies at an early age playing the organ and directing choirs in churches as a high school sophomore. He has a Bachelor's Degree and Master's Degree of Music in Church Music. Charles currently serves as Minister of Music, organist and choir director at the Sea Island Presbyterian Church in Beaufort, SC. He served on the "Glory to God" hymnal committee.*

2-P: Transition Tips and Tricks (Children Ages of Preschool, Pre-K, K, 1st)- Jean Feldman

Transitions are all those "in between" times when things tend to get out of control. This workshop will present positive ways to focus children's attention with songs, finger plays, props, and games. Ideas for circle time, clean up, focusing children's attention, and releasing wiggles will be addressed. Highlights will include: circle time songs and learning activities; chants and tunes for guiding children; hocus pocus focus; and rhymes and finger plays to engage children. *Read Dr. Jean's bio on the featured leaders page.*

SESSION #3 2:15PM—3:30PM

3-A: Adult Education Galore- Malinda Spencer

This workshop will be a bird's eye view of adult education, with specific tips on structuring classes, mentoring facilitators, and choosing curriculum.

Malinda Spencer is the associate for curricula training and promotion for Congregational Ministries Publishing, in the Presbyterian Mission Agency. She is a ruling elder and Christian educator who has worked with congregations of many sizes and settings.

3-B: The Art of Kintsugi: Finding Beauty in Brokenness- Patricia B. Jones

The art of Kintsugi takes broken pottery, china, or valuable heirlooms and secures them back together with real gold and lacquers, thus highlighting the breaks and creating something different and in some regards even more valuable. Brokenness is an expected and normal experience in every human being. The art of Kintsugi is an exercise, tool, a spiritual practice for moving toward what has been broken and to work with the breaks as a way to make it part of one's story. Participants must bring a porcelain or china cup, saucer or a piece of tile that has significant meaning to them to the workshop. The attendee will have to break their item, and then put it back together with glue and gold paint. (Limited to 12 participants). *Patricia Jones is a ruling elder at St. James Presbyterian Church and is a candidate for ordered ministry with the Charleston Atlantic Presbytery.*

3-C: Presbyterian Women's 2017-18 Horizons Bible Study: *Cloud of Witnesses: The Community of Christ in Hebrews*- Pie Mikell

This workshop will include an introduction to the Book of Hebrews as well as an overview of the *Horizons* study written by Melissa Bane Sevier. The author takes a thematic approach to studying this often ignored book of the Bible. Each of the nine lessons will focus on a major theme found in Hebrews and explore how it relates to community. *Pie Mikell is Charleston Atlantic Presbytery's Associate for Congregational Nurture and Service to Others.*

3-D: Recreation Across the Ages- Liv Looney Cappelmann

Are you looking for meaningful ways to create intergenerational experiences amongst your congregation? Join us as we look at different models of recreation for all ages and abilities. What a gift to see God's youngest and oldest children and all those in between engaging one another in meaningful conversations through recreation and play. *Liv Looney Cappelmann is a graduate of Presbyterian College. She is currently serving Second Presbyterian Church as their Director of Children, Youth, and Christian Education. When she isn't spending time with her church family she enjoys hanging out with her husband, Sean, fur baby Humphrey, friends and family, reading a good book or just soaking up the sunshine and all that Charleston has to offer.*

3-E: *Semper Reformanda*: Always Being Reformed- Mark Douglas

500 years after it began, the Protestant Reformation continues to shape provocative patterns of human insight and useful strategies for social engagement- even if those patterns and strategies look a bit different than we sometimes imagine. This workshop explores some of the distinct insights of Reformed ethics for contemporary public engagement. *Read Mark's bio on the featured leaders page.*

3-F: 10 Tech Tips for Connecting with Your Church Community- Jennifer Bilbro

In this session leaders will learn about simple and effective ways to use technology to connect and engage with their class, membership, and community. *Jennifer Bilbro is a social media consultant for businesses. She also teaches classes to parents and kids on staying safe online.*

3-G: Theology on Tap- Colin Kerr

In 2007, a few friends came together for "Talks on Tap" – a safe place to talk theology, philosophy, and politics over a couple drinks. It is now Charleston's longest running public forum. Since then, similar groups supported by local churches have taken off all over the Charleston area. How can your church effectively partner with an already existing group or start your own theology on tap in your neighborhood? Join us for a pint just a few minutes from the church at Juanita Greenbergs Nacho Royale to find out. *Colin is the planter and director of Journey: A Worshipping Community for College Students, which is Charleston Atlantic Presbytery's collegiate mission. He is author of three books and has also been a contributor in the Charleston Post and Courier, Presbymergent, Patheos, and Relevant Magazine. If you cannot find Colin in Kudu Coffee, your next best bet is anywhere where there is beach volleyball and surfing. He's married to a very feisty nurse and bartender named Alexis and is currently a seminarian at University of Dubuque Theological Seminary.*

3-H: The Trade Game- Jeff Kackley

What's the difference between Free Trade and Fair Trade? What types of human and environmental impacts occur when trade is "free" but not "fair"? Rather than a lecture, participants in this workshop will "play" a trade simulation game based on one to three real world scenarios in which the Presbyterian Hunger Program and the PCUSA have been actively involved in dealing with the aftermaths. *Jeff Kackley is the pastor of Dorchester Presbyterian Church in Summerville. He grew up on a farm and taught eight years as an Agriculture Teacher before going to seminary. He serves as the Chair of the PCUSA Presbyterian Hunger Program Advisory Committee where his service has helped him to see first-hand a variety of models for community gardens, and the effects of the global free-market trade. Jeff has a BS degree in Agriculture Education from Virginia Tech.*

3-I: With Sighs too Deep for Words: Meditation in Devotional Life- Tom Herrington

Meditation- also known as contemplative prayer- can be a rich part of the Christian devotional life, but is often forgotten or neglected. We will take a look at Scriptural references to this ancient practice, as well as "trying" some different types of meditation. *Tom Herrington is the Associate Pastor for Pastoral Care at Mount Pleasant Presbyterian Church. He also received a MA in in counseling, and spent six years as a hospice grief counselor, and has included meditation as part of his prayer life for almost thirty years.*

3-J: Youth- Healthy and Whole: Worship with Our Bodies- Emily Oswald

This course for high school youth will be half workshop and half workout/demonstration (so wear supportive shoes and clothes that are comfortable to move in). We spend a significant amount of time caring for our spiritual health, but does God say about our bodies physically? Being healthy and whole comes from training our whole selves- mind, body, soul and spirit. In training our spiritual and physical fitness we are better equipped to live out the two greatest commandments that Jesus gave- to love God with our whole heart, soul, mind, and strength and to love others as ourselves. (Mark 12:28-32) This class is limited to 25 participants. *Emily Oswald has been a certified fitness professional for over 26 years. She is a fitness teacher, gospel preacher with Revelation Wellness, a non-profit ministry devoted to helping others live healthy and whole lives in Christ. Emily is an elder for Adult Discipleship and Sunday school teacher at James Island Presbyterian Church.*

BUT WAIT... THERE'S MORE!

TAKE ADVANTAGE OF THESE ADDITIONAL OPPORTUNITIES DURING THE DAY!

- The ON-SITE BOOKSTORE will exhibit and sell books, curriculum, and other educational resources.
- INFORMATIONAL DISPLAYS will provide resources and face-to-face contacts for those interested in retreats, church sponsored institutions, and opportunities for many facets of ministry.
- COME AND SEE old friends and create new relationships by interacting with others during gathering time, lunch, or break time.
- WORSHIP OPPORTUNITIES including Morning Worship at 10:30am in the Sanctuary and a closing worship service at 3:45pm in the Fellowship Hall.

WORKSHOPS BY SESSION

| | | |
|----------------------------|-----|--|
| SESSION 1 9:00am-10:15am | 1-A | Board of Pensions Benefits Overview |
| | 1-B | Casting Out Fear |
| | 1-C | Clerks of Session |
| | 1-D | Cultivating a Healthier Church Culture for a Healthier World |
| | 1-E | Developing a Church Vision |
| | 1-F | Earth Care Congregations in the PC(USA) |
| | 1-G | Empowering to Lead: A Case Study in Global Partnership and Transformational Change |
| | 1-H | Fear and the Creative Process |
| | 1-I | From Rules to The Roots of Our Faith |
| | 1-J | I Am a Child of God |
| | 1-K | Making Room for Advent |
| | 1-L | Our Presbyterian Library: The Book of Confessions |
| | 1-M | Worship's Tapestry |
| SESSION 2 12:45pm-2:00pm | 2-A | Board of Pensions Administrative Information |
| | 2-B | Community Gardens |
| | 2-C | Cultivating a Healthier Church Culture for a Healthier World |
| | 2-D | Fear and the Creative Process |
| | 2-E | Healthy and Whole: Worship with our Bodies |
| | 2-F | How the Sacraments Feed our Faith |
| | 2-G | Immigration Through the Lens of Scripture |
| | 2-H | Implementing a Church Vision |
| | 2-I | News from the Office of General Assembly |
| | 2-J | Nurturing the God in You |
| | 2-K | Parenting in a Social Media Age |
| | 2-L | Reconsidering our Relationship to Stuff |
| | 2-M | Recreational Ministry with Children and Youth |
| | 2-N | Semper Reformanda: Always Being Reformed |
| | 2-O | The Spiritual: The Voice of the People |
| | 2-P | Transition Tips and Tricks (Children Ages Pre-K, K, and 1st Grade) |
| SESSION 3 2:15pm-3:30pm | 3-A | Adult Education Galore |
| | 3-B | The Art of Kintsugi |
| | 3-C | Presbyterian Women's 2017-18 <i>Horizons</i> Bible Study |
| | 3-D | Recreation Across the Ages |
| | 3-E | Semper Reformanda: Always Being Reformed |
| | 3-F | 10 Tech Tips for Connecting with Your Church Community |
| | 3-G | Theology on Tap |
| | 3-H | The Trade Game |
| | 3-I | With Sighs Too Deep for Words: Meditation in Devotional Life |
| | 3-J | Youth-Healthy and Whole: Worship with Our Bodies |

WHAT TO BRING & HELPFUL HINTS

- YOURSELF AND A FRIEND! PLEASE CARPOOL.
- A NOTEBOOK, BIBLE, BOOK OF ORDER, BOOK OF CONFESSIONS, open mind, open heart, worshipful spirit, and a desire to grow in faith and hope.

— CHILDCARE —

Childcare for infants through fifth grade is offered free of charge, but you must pre-register by August 10th. Please complete the “Childcare Needs” section of the registration form. Space is limited so register soon! Please bring a bag lunch and snack for your child(ren).

NEW THIS YEAR! Bethelwoods Camp for a Day will be coming to STEPS to provide a great experience with Bible lessons, crafts, and games for children in elementary school as of August 26, 2017. *A parent or grandparent must be registered for STEPS to enroll their child in the Camp for a Day program.*

Childcare for infants, toddlers, and preschool children will be held in Mt. Pleasant Presbyterian Church’s nursery.



PAYMENT OPTIONS:

All payments must be received at the Presbytery office by **August 10th**.

Payment is accepted by check, cash, or PayPal.
Please make checks payable to **Charleston Atlantic Presbytery**.

Online registration is available at www.capresbytery.org/steps-2017

Payment for Walk-In registration is by Check or Cash.

Please register by **August 10th** so we can plan adequate meals and space requirements. Workshops may be canceled if less than 6 people are registered by August 10th.

REGISTRATION OPTIONS

ADULT EARLY BIRD | JULY 15 DEADLINE | \$25

YOUTH/YOUNG ADULT (UP TO AGE 35) | AUGUST 10 DEADLINE | \$15

SMALL MEMBERSHIP CHURCHES | AUGUST 10 DEADLINE | \$15

ADULT | AUGUST 10 DEADLINE | \$35

WALK-IN REGISTRATION | AUGUST 27 | \$40

— MEMBERS OF SMALL CHURCHES —

NEW THIS YEAR! We want to encourage participation from our smaller membership congregations. If you are a member of a church with fewer than 150 members, you can register for STEPS for only \$15!

— LYNDA MCKAY MEMORIAL SCHOLARSHIP —

Need based scholarships are available from the Lynda McKay Memorial Scholarship Fund. Scholarship applications are available with the other STEPS information on the presbytery website. Lynda McKay was a member of Harbor View Presbyterian Church and served our presbytery as chair of the Leadership Development Ministry Unit and Moderator. She was involved with S.T.E.P.S. from its inception. Lynda was affectionately known as “Madame Registrar.”

NEED HELP DECIDING WHAT TO TAKE?

Here are few suggestions:

Parents: *I Am a Child of God, Parenting in a Social Media Age*

Ruling Elders: *Clerks of Session, Board of Pensions Benefits Overview, Our Presbyterian Library, Developing a Church Vision, Implementing a Church Vision, Semper Reformanda, Empowering to Lead, Earth Care Congregations, Worship's Tapestry, News from the Office of GA, Cultivating a Healthier Church, Casting out Fear*

Mission Ministry: *Earth Care Congregations, The Trade Game, Community Gardens, Immigration, Empowering to Lead, Reconsidering our Relationship with Stuff*

Deacons: *The Art of Kintsugi, Nurturing the God in You, With Sighs Too Deep for Words, Cultivating a Healthier Church*

Youth Ministry: *Parenting in a Social Media Age, Community Gardens, Recreational Ministry with Children and Youth, Recreation Across the Ages, Youth—Healthy and Whole*

Children's Ministry: *I Am a Child of God, Transition Tips and Tricks, Recreational Ministry with Children and Youth, Making Room for Advent*

Adult Ministry: *Adult Education Galore, The Art of Kintsugi, Semper Reformanda, Our Presbyterian Library, Casting out Fear, Fear and the Creative Process, Recreation Across the Ages, Theology on Tap, With Sighs Too Deep for Words, Making Room for Advent, How the Sacraments Feed Our Faith, Presbyterian Women's 2017-18 Horizons Bible Study*

Teaching Elders: *Board of Pensions Overview, Casting out Fear, Making Room for Advent, 10 Tech Tips for Connecting with Your Church Community, With Sighs Too Deep for Words, Implementing Church Vision, Cultivating a Healthier Church Culture for a Healthier World, Developing a Church Vision, Healthy and Whole*

Personal Faith Formation: *The Art of Kintsugi, From Rules to The Roots of Our Faith, Fear and the Creative Process, Casting out Fear, Healthy and Whole—Worship with our Bodies, How the Sacraments Feed Our Faith, Nurturing the God in You, Reconsidering our Relationship to Stuff, The Spiritual—The Voice of the People, Theology on Tap, With Sighs Too Deep for Words*

Worship Ministry: *Worship's Tapestry; The Spiritual; How the Sacraments Feed Our Faith, 10 Tech Tips for Connecting with Your Church Community, Making Room for Advent*

Church Administrators, Treasurers, and Communication Directors: *10 Tech Tips for Connecting with Your Church Community, Board of Pensions Benefits Overview, Board of Pensions Administrative Information*

THERE ARE MANY MORE OPTIONS AVAILABLE, SO KEEP LOOKING!

REGISTRATION FORM

We encourage you to pre-register so we can plan for lunch and space requirements.

Workshops may be canceled if less than 6 people are pre-registered by August 10th.

If you don't pre-register there is no guarantee we will be able to provide you with lunch.

NAME: _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

CHURCH: _____

Youth: _____ Young Adult (up to age 35): _____ Adult: _____ Small Church (under 150 members): _____

PAYMENT: \$ _____ Amount from individual \$ _____ Amount from Church \$ _____ PayPal Amount

EARLY BIRD REGISTRATION-JULY 15 DEADLINE: \$25

YOUTH/YOUNG ADULT (up to age 35) REGISTRATION-AUGUST 10 DEADLINE: \$15

MEMBER OF SMALLER CHURCH - AUGUST 10 DEADLINE: \$15

REGISTRATION-AUGUST 10 DEADLINE: \$35

WALK-IN-REGISTRATION DAY OF EVENT: \$40

Online registration at www.capresbytery.org/steps

Payment is accepted by cash, check, or PayPal. Day of registration by cash or check only. Make checks payable to Charleston Atlantic Presbytery

WORKSHOP CHOICES: Please record workshop number and here:

Session #1 _____

Session #2 _____

Session #3 _____

SPECIAL NEEDS:

Accessibility: _____

Food: _____

CHILDCARE NEEDS: *We encourage congregations to provide childcare for their participants. However, limited childcare will be available at the event, but **you must register for it by August 10th.***

Name: _____ Age: _____ Name : _____ Age: _____

Name: _____ Age: _____ Name : _____ Age: _____

Charleston Atlantic Presbytery

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